

| naam | kilometers 2023 | Totaal | Klassering |
|----------------------|------------------------|---------------|-------------------|
| Henk Dijkstra | | 228.663 | 1 |
| Jarig Wesseling | 7.438 | 215.661 | 2 |
| Henk Elzinga | 12.007 | 195.405 | 3 |
| Louw Bijma | | 193.817 | 4 |
| Wybren van Dijk | 10.030 | 167.009 | 5 |
| Jaap Jansma | 5.423 | 166.780 | 6 |
| Jaap de Jong | 11.017 | 164.167 | 7 |
| Sjoerd Oostra | 8.822 | 152.779 | 8 |
| Paulus Paulusma | | 152.524 | 9 |
| Siebe Bijma | | 150.858 | 10 |
| Lieuwe Jansma | | 140.011 | 11 |
| George Vermeulen | | 134.884 | 12 |
| Piet Jansma | 5.428 | 125.170 | 13 |
| Richard Procee | 7.826 | 122.894 | 14 |
| Tom Huisman | | 113.338 | 15 |
| Tjeerd Visser | 4.816 | 87.297 | 16 |
| Ronald Bijma | | 85.238 | 17 |
| Roel Hooijenga | 4.070 | 84.116 | 18 |
| Herman Kramer | 7.568 | 79.842 | 19 |
| Bertus Palma | | 79.479 | 20 |
| Jan Posthumus | | 79.086 | 21 |
| Wyb Wagenaar | | 78.208 | 22 |
| Pier Haringsma | 6.793 | 74.477 | 23 |
| Klaas de Boer | 6.283 | 68.417 | 24 |
| Eelke Oevering | | 65.605 | 25 |
| Gysbert Atema | | 65.111 | 26 |
| Sjon Egberts | 5.521 | 62.375 | 27 |
| Sieds Boersma | | 62.094 | 28 |
| Betty Huizenga | 2.390 | 56.540 | 29 |
| Joop Abbink | | 56.023 | 30 |
| Theo van Jelgershuis | | 51.657 | 31 |
| Yde Zagema | | 47.364 | 32 |
| Sjaak Reuzenaar | | 42.485 | 33 |
| Jo-Ann Hermanides | 8.450 | 42.150 | 34 |

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|---------------------|-------|--------|----|
| Nanne Attema | 5.650 | 38.577 | 35 |
| Jan Koster | | 38.137 | 36 |
| Jan Fontein | | 34.994 | 37 |
| Richard Touber | | 34.829 | 38 |
| Wieger Romkema | 2.532 | 34.448 | 39 |
| Jan Lautenbach | 9.706 | 33.929 | 40 |
| Hans Meyer | | 31.319 | 41 |
| Hans Vonk | | 31.255 | 42 |
| Jacob Koster | | 31.066 | 43 |
| Siep Luinenburg | | 26.794 | 44 |
| Gerrit Miedema | | 26.088 | 45 |
| André Dijkstra | | 25.890 | 46 |
| Jaap Veenstra | | 24.050 | 47 |
| Wiebe Rodenhuis | | 23.380 | 48 |
| Ineke Wonder | | 21.949 | 49 |
| Sierdjan Koster | | 21.744 | 50 |
| Dethmer Boels | | 18.824 | 51 |
| Jan Hemrica | | 18.133 | 52 |
| Henk van der Wal | | 16.785 | 53 |
| Joop Weijer | 1.979 | 16.369 | 54 |
| Jan Konijn | | 15.581 | 55 |
| Frank Wickbold | 1.430 | 15.189 | 56 |
| Ritske Reitsma | | 15.171 | 57 |
| Astrid Harms | | 15.071 | 58 |
| Hanita Brouwer | | 13.225 | 59 |
| Chris Hollander | | 12.525 | 60 |
| Ankie Sinnema | | 12.202 | 61 |
| Pier Reitsma | | 11.555 | 62 |
| Jelmer Elzinga | | 11.373 | 63 |
| Age de Vries | | 10.500 | 64 |
| Ronald van der Veen | 1.243 | 9.443 | 65 |
| Rennie van der Wal | | 9.035 | 66 |
| Ewout Visser | | 8.547 | 67 |
| Gaatze Wiersma | 961 | 8.474 | 68 |
| Jappie Smids | | 8.288 | 69 |

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|----------------------|-------|-------|-----|
| Jikkie Wesseling | | 8.285 | 70 |
| Minne Ponne | | 8.117 | 71 |
| Gerrit Jan Sinnema | 8.001 | 8.001 | 72 |
| Oane Rinkema | | 7.368 | 73 |
| Jan Smit | | 7.232 | 74 |
| Rob Verbeek | | 7.164 | 75 |
| Thijmen Jaspers | | 7.080 | 76 |
| Annamargreet Kramer | | 7.038 | 77 |
| Jeffrey Peereboom | | 6.467 | 78 |
| Jelly Kooistra | | 6.415 | 79 |
| Johan Lindeboom | | 5.961 | 80 |
| Willem Dijkstra | | 5.650 | 81 |
| Sierk Jansma | | 5.179 | 82 |
| Sven Landmeter | | 5.097 | 83 |
| Hotze Haijma | | 4.917 | 84 |
| Peter Klaver | | 4.691 | 85 |
| Wieberen Duinstra | | 4.690 | 86 |
| Henk J. Boersma | | 4.495 | 87 |
| Yvette de Jong | | 4.415 | 88 |
| Vincent van Engelen | | 4.127 | 89 |
| Werna Meijer | | 4.040 | 90 |
| Piet Brouwer | | 3.998 | 91 |
| Hillie van der Wal | | 3.733 | 92 |
| Jenny Osinga | | 3.599 | 93 |
| Erik Swart | | 3.483 | 94 |
| Bart Lageweg | | 3.479 | 95 |
| Nynke Mirjam Visser | | 3.365 | 96 |
| Klaas de Haan | | 3.014 | 97 |
| Rikst Oostra | | 2.984 | 98 |
| Arjen Elzinga | | 2.795 | 99 |
| Wiepy de Jong | | 2.779 | 100 |
| Petra van der Galiën | | 2.670 | 101 |
| W. Bijma | | 2.521 | 102 |
| Frans van der Wal | | 2.472 | 103 |
| Annie Lageweg | | 2.427 | 104 |

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|----------------------|-------|-------|-----|
| Jan van der Kooi | | 2.240 | 105 |
| Lutzen Roosma | | 2.224 | 106 |
| Wiets Jongma | 2.075 | 2.075 | 107 |
| Gerda Steegstra | | 2.053 | 108 |
| Niek van der Velde | | 1.987 | 109 |
| S. Velsma | | 1.960 | 110 |
| Eelke Haijma | | 1.950 | 111 |
| Inge Ruth Visser | | 1.894 | 112 |
| Kea Lootsma | | 1.885 | 113 |
| Elisabeth Bijma | | 1.756 | 114 |
| Jerry Koolstra | | 1.683 | 115 |
| Joke Dijkstra | | 1.679 | 116 |
| Jan Piet de Jager | | 1.600 | 117 |
| Sietske Jansma | | 1.511 | 118 |
| Hendrik van der Meer | | 1.454 | 119 |
| Hille Terpstra | | 1.446 | 120 |
| Sietse Postma | | 1.354 | 121 |
| Sietse Welbroek | | 1.331 | 122 |
| Marrit Houtsma | | 1.221 | 123 |
| Frits Smidstra | | 1.155 | 124 |
| Henk Takes | | 1.094 | 125 |
| Nynke Koster | | 1.084 | 126 |
| Arjen Bijlsma | | 1.002 | 127 |
| Andries Roersma | | 949 | 128 |
| Mirjam Ferwerda | | 848 | 129 |
| Jorrik Andringa | | 840 | 130 |
| Pieter H. Wesseling | | 827 | 131 |
| Hessel Steegstra | | 778 | 132 |
| M. Spijksma | | 485 | 133 |
| F. de Haan | | 373 | 134 |
| Binda Jansma | | 350 | 135 |
| D. Spijksma | | 180 | 136 |
| Connie van Sluis | | 120 | 137 |